



**ORTHODONTIC SPECIALTY SERVICES
DR. ARON DELLINGER**

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DELAIRE MASK

You have entered an exciting and important phase of your orthodontic treatment. With the use of tiny rubber bands (elastics), the Delaire Mask can move 1 tooth or an entire jaw into the correct position. If this appliance is worn as prescribed, you will be surprised how quickly your treatment will progress.

APPLIANCE WEAR: The Delaire Mask should be worn while you sleep (about 8 hours) and around the house for an additional 4-6 consistent hours if possible. The Delaire Mask should not be worn during any physical activity.

RUBBER BAND WEAR: You will be attaching 5/16" sized rubber bands to your mask and your bands/bonds. We recommend changing the elastics every time you wear the mask to maintain the elasticity needed to move the tooth or jaw. Make sure you only use the rubber bands given to you by our office, and that you have an adequate supply of rubber bands. If you run low, call the office and we will send more to you.

ADJUSTING TO THE APPLIANCE: It may take 3-4 days to adjust to this appliance, but with continued wear, it will become comfortable in a short period of time. If necessary, Tylenol may be used for tenderness.

CARE OF THE APPLIANCE: The prongs of the Delaire Mask may be brushed with toothpaste or wiped clean with alcohol.

LOSS OR BREAKAGE: This Delaire Mask has been custom fit for you. Please bring it with you to each appointment, so the doctor may make adjustments as needed. If your Delaire Mask should get distorted or lost, please call the office for an appointment. There is a replacement charge if the appliance is lost or broken.