



## ORTHODONTIC SPECIALTY SERVICES

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### **TWIN BLOCK**

This removable two-piece orthodontic appliance stimulates lower jaw growth while stabilizing the upper jaw. Great profile changes occur when wearing this appliance. The twin block is most effective on patients who are actively growing or have growth possibility. The appliance is designed so that each time the patient moves his or her jaw, swallows, or talks, the appliance is activated. This activation exerts gentle pressures on the teeth and jaws as well as the facial bones. Because this is a removable appliance, we cannot stress enough the need for patient cooperation! With prescribed wear, maximum results can be achieved in minimum time.

**APPLIANCE WEAR:** This appliance should be worn all the time with the exception of brushing your teeth or engaging in active sports. For more rapid correction, please try and wear your appliance while eating.

**APPLIANCE CARE:** The appliance should be brushed thoroughly after each meal when the teeth are brushed. An occasional soak in Efferdent will remove excess plaque.

**ADJUSTING TO THE APPLIANCE:** For the first few days, the patient may have a slight speech impairment. In most cases, they will adjust to the appliance quickly, usually within two days, and can speak well within three to four days. The patient should practice talking with their teeth together. Treatment progresses more rapidly if talking is done with the teeth together in the appliance. The patient should also be aware that during the adjustment period there may be excess saliva.

**TENDERNESS:** The patient may experience tenderness on the lower front teeth and some muscle tenderness in the cheek area for the first several days. Tylenol may be used, if necessary, to relieve the tenderness.

**LOSS OR BREAKAGE:** In the event of a lost or broken appliance, call the office to schedule an appointment to replace or repair the appliance. There is a replacement or repair charge.